

## European Conference on Transplantation and Physical Activity

Karl Landsteiner University of Health Sciences (KL)  
Dr.-Karl-Dorrek-Str. 30, A-3500 Krems an der Donau

24 – 25 July 2015

### Friday, July 24<sup>th</sup>:

Moderation:      **Drs. Bernadette Haase-Kromwijk**, Director Dutch Transplant Foundation, President of CD-P-TO  
  
**Dr. Bernhard Fattinger**, Federal Ministry of Health, Vienna

- 10:30            Opening of the conference and welcome addresses
- 10:50            **Dr. Alessandro NANNI COSTA**, Director General Italian National Transplant Centre, Rome:  
  
What we can learn from sports medicine for the therapy of transplant recipients. The idea and origin of the CoE project «TX & Physical Activity »
- 11:10            **Dr. Giulio Sergio ROI**, Isokinetic Medical Group, Education and Research Department, Bologna:  
  
A transplant .... And now it's time for sport: The importance of physical activity for transplant recipients
- 11:30            **Dr. Valentina TOTTI**, Ital. Assoc. of Haemodialyzed Patients – ANED, Isokinetic:  
  
Physical activity in solid organ transplant recipients: Preliminary results of the Italian project
- 11:50            *Coffee break and discussion*
- 12:15            **Dr. Giovanni MOSCONI, and Dr Marco De FABRITIIS**, Morgagni-Pierantoni Hospital, Forlì, Nephrology Dialysis Transplantation Unit :  
  
The anti-inflammatory effects of exercise: mechanism and implications for the prevention and treatment of disease

- 12:40      **Prof. Dr. Paul HABER, Vienna :**  
How much physical training is optimal from the medical point of view?
- 13:00 – 14:00      *Lunch break*
- 14:00      **Prof. Dr. Ferdinand MÜHLBACHER, Medical University of Vienna:**  
Organ transplantation – a second chance that should be used well
- 14:20      **Prof. Dr. Rochus POKAN, University of Vienna, Institute of Sports Science:**  
Is a transplanted heart trainable ?
- 14:40      **Dr. Andrea ERMOLAO, University of Padova, Sports Medicine Unit:**  
What we should be aware of at the start (testing methods, evaluation and identification of the individual performance profile; how to establish a personalised training programme)
- 15:00      *Coffee break*
- 15:15      **Constance SCHLEGL, Physio Austria, ÖGPH (Austrian Public Health Association):**  
Basic parameters and financing of physiotherapy treatment for transplant patients in Austria
- 15:35 – 16:30      **Prof. Dr. Christoph HÖRMANN, University Hospital St. Pölten**  
**Dr. Albert REITER, Regional Hospital Amstetten**  
The gift of life – organ donation in Lower Austria
- 16:30 – 18:30      *Vineyard walk along the River Danube*
- 18:30 – 19:30      *Evening break*
- 19:30 – 22:00      *Festive dinner*

## **Saturday, 25<sup>th</sup> July :**

**Moderation:**      **Dr. Alessandro Nanni Costa**, Director General Italian National Transplant Centre, Rome

**Dr. Danica Avsec**, Director Slovenija-transplant, Ljubljana

09:00                    **Dr. Danica AVSEC**, Director Slovenija-transplant, Ljubljana:

Socio-psychological needs of patients after transplantation

09:20                    **Dr. Maryana DOITCHINOVA-SIMEONOVA**, Executive director of the Bulgarian Executive Agency for Transplantation (BEAT):

Quality of life and energy expenditure of transplant patients; aspects of transplantation & nutrition

09:40                    **Dr. Jernej PAJEK**, Ljubljana University Medical Centre, Slovenia:

The paradigm shift – physical activity as a primary tool of health prevention, care and promotion

10:00 – 10:30      *Coffee break and discussion*

10:30 – 11:00      **Self-Presentation of TX Sports and TX Patient Associations**  
*(in parallel workshops)*

11:00                    **DI Ulf EDERER**, Chairman of the Austrian Association of Heart and Lung Transplant Recipients:

Transplanted twice and fit – thanks to physical training

11:20                    **Liz SCHICK**, TACKERS founder and WTGF Councillor, Anzère, CH:

Transplant Adventure Camps for Kids, World Transplant Games, Kili Liver Live and other outstanding initiatives in the field of transplant sports and physical activity

11:50                    **Dr. Bernhard FATTINGER**, Federal Ministry of Health, Vienna:

Summary and Conclusion & Outlook at upcoming events

*(e.g. European Organ Donation Day, Lisbon, Portugal, 10 Oct. 2015; Summer World Transplant Games, Mar del Plata, Argentina, 23-30 August 2015, etc.)*

12:10 – 12:30      *Final discussion*

12:30 – 13:00 *Welfare addresses of representatives of the Council of Europe (CoE) and further participating institutions, partner countries and participating Member States of the CoE*

13:00 – 14:00 *Lunch break*

14:00 – 16:00 *Outdoor Sports & Activities*

**16:00** *End of programme*

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## **VENUE:**

### **Karl Landsteiner University of Health Sciences (KL)**

Dr.-Karl-Dorrek-Str. 30  
3500 Krems an der Donau, Austria

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## **SCIENTIFIC ADVISERS:**

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Past President of ESOT  
Professor of Transplant Biology  
Consultant Transplant Surgeon  
University of Oxford, Oxford Transplant Centre, Churchill Hospital, Oxford, UK

### **Univ.-Prof. Dr. med. univ. Gabriela A. BERLAKOVICH, FEBS**

Interim Head of the Division of Transplantation,  
Medical University of Vienna, President of  
Austrotransplant

### **Dr. Valentin SOJAR**

Liver transplant surgeon  
President of the Slovenian Society for  
Transplantation, Ljubljana, Slovenia



**As. Dr. Jernej PAJEK**  
Ljubljana University Medical Centre,  
Clinical Department for Nephrology,  
Ljubljana, Slovenia



## HOW TO GET THERE:

Krems an der Donau is situated on the banks of the River Danube in Lower Austria. It is approximately 80 km from Vienna. You can reach Krems by car (highway and motorway), by train or by plane.



### By plane:

Airport Vienna (Wien-Schwechat); from there by car or by train;  
Taxi service: [www.airportservice.at](http://www.airportservice.at)

In addition, there is also a small private airfield:

Privatflugplatz Krems-Langenlois  
3550 Krems-Gneixendorf, Flughafenstraße 2  
(742 m asphalt runway, suitable for planes up to 5 t)

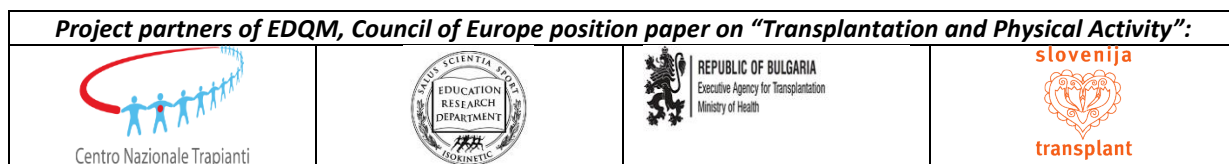
### By car from Vienna:

From Vienna airport on the motorway A4 (Ostautobahn) to Vienna, at the junction "Prater" take the exit to "Praha - A22", go further on the motorway A22 (Donauuferautobahn) to Stockerau, take the exit "Krems/St. Pölten/Tulln", further on S5 via Tulln to Krems (100 km).

From the city or the north of Vienna go on the motorway A22 to Stockerau and on S5 via Tulln to Krems as described above (80 km).

From the west or south of Vienna take the motorway A1 (Westautobahn) to St. Pölten, then motorway S33 (Kremser Schnellstrasse) to Krems. Take exit "Melk - Krems Zentrum - Wachau" and turn right onto B3 in the direction of Melk - Spitz - Wachau (100 km).

In Krems, follow the B3 in the direction of Melk - Spitz - Wachau. At the fork take the left-hand lane towards Stein - Spitz - Wachau. At the two roundabouts follow the green signs for "campus krems".



**By train from Vienna:** Trains leave either from Wien Franz-Josefs-Bahnhof or Wien-Nord (Praterstern) (travel time between 1 hour and 1 h 20 min.).

**Connection railway station Krems – Campus Krems/KL:** Busses from railway station Krems (Bahnhof Krems) to Campus Krems and back go regularly. There is also a shuttle bus that goes directly from the train station to the university campus (5 minutes).

**SERVICES INCLUDED (covered by attendance fee):**

- Conference services, coffee break & lunch time food and drinks

**SERVICES NOT INCLUDED (not covered by BASIC attendance fee):**

- Accomodation & travel costs
- Costs for festive dinner on Friday, July 24th (€ 50,-)

**CONFERENCE LANGUAGES:**

All presentations will be given either in **German** or **English**, official live interpretation services will be available only between these two languages.

**N.B.:** Partner countries/Member States are free to bring their own interpreters.

**Cabins and head phones will be available. Please notify the congress office in this case accordingly by June 30<sup>th</sup> at the latest!**

**CONGRESS OFFICE :**

(Registration and central contact point, but NO hotel information):

**Campus GmbH**

Höfergasse 1, A-1090 Vienna

**Contact person:** Ms Andrea Granegger-Körner

email: office@kongressmanagement.at

phone: +43 (0)1 / 409 62 00

fax: +43 (0)1 / 409 55 95

## **HOTEL RESERVATION:**

(Central point of information and reservation for all kinds of accomodation):

### **Reisebüro Kuoni Ges.m.b.H.**

Wiener Strasse 96-102, Bühl-Center, A-3500 Krems

Contact person: Mr Thomas Hüttenmayer  
 email: thomas.huettenmayer@kuoni-krems.at  
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 fax: +43 (0)2732 74737-84

## **ATTENDANCE FEE:**

### **Students:**

- € 50,-- (registration between 1 May and 15 July, without festive dinner, basic price)
- € 95,-- (registration between 1 May and 15 July, WITH festive dinner)

### **Early booking:**

- € 75,-- (registration between 1 May and 31 May, without festive dinner, basic price)
- € 125,-- (registration between 1 May and 31 May, WITH festive dinner)

### **Late booking:**

- € 105,-- (registration between 1 June and 15 July; without festive dinner, basic price)
- € 155,-- (registration between 1 June and 15 July 2015; WITH festive dinner)

## **REGISTRATION AND PAYMENT:**

Since the number of available places is limited, it is recommended to register as soon as possible. Please register directly **online** on the homepage of the congress office, where you will also find the account details for the payment of the attendance fee:



**<http://www.kongressmanagement.at>**



**ORGANIZING COMMITTEE:**

**Bernhard Fattinger**, *Federal Ministry of Health, Vienna, Austria*

**Alessandro Nanni Costa**, *Director Director General Italian National Transplant Centre, Rome, Italy*

**Danica Avsec**, *Director Slovenija-transplant, Slovenia*

**Maryana Doitchinova-Simeonova**, *Bulgarian Executive Agency for Transplantation, Sofia, Bulgaria*

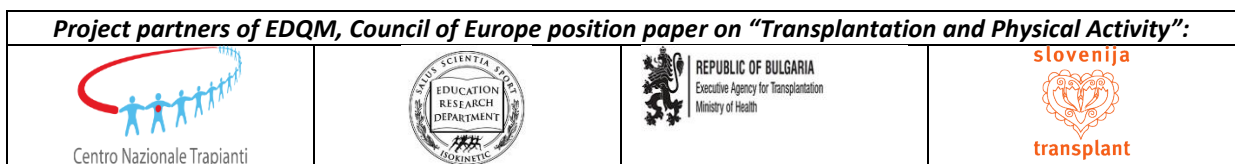
**Claudia Carella**, *Foreign Affairs Division, Italian National Transplant Centre, Rome, Italy*

**Christoph Hörmann**, *Prof., Head of the Department for Anesthesiology and Intensive Care Medicine, University Hospital St. Pölten, Austria*

**Albert Reiter**, *Head of the Department for Anesthesiology and Intensive Care Medicine, RegionalHospital Amstetten, Austria*

**Bernadette Haase-Kromwijk**, *Director Dutch Transplant Foundation, President of CD-P-TO, CoE, Netherlands*

**SUPPORTING ORGANIZATIONS:**







**SUPPORTING ORGANIZATIONS (continued):**

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**LEGAL NOTICE:**

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*The programme is subject to change without notice.*

